

Diagnosis or Remission CHEAT SHEET

| Diagnosis or Remission | A1c (%) or 0.00 on exam | FBG (mmol/L) | 75 gram 2 Hour PC (mmol/L) | Other (mmol/L) | 2018 CPG page # |
|--|----------------------------------|-----------------|----------------------------------|---|--------------------|
| Diabetes | ≥6.5 | ≥7 | ≥11.1 | Random ≥11.1 | S11 |
| Impaired Glucose Tolerance (IGT) | | | 7.8-11.0 | | S13 |
| Impaired Fasting Glucose (IFG) | | 6.1-6.9 | | | S13 |
| Prediabetes | 6.0-6.4 | 6.1-6.9 | 7.8-11.0 | The term prediabetes refers to IGT, IFG or A1c 6- 6.4 | S13 |
| Remission to Pre-Diabetes (no antihyperglycemic meds for at least 3 consecutive months- see new chapter) | 6-6.4 | 6.1-6.9 | 7.8-11.0 | | 754 |
| Remission to Normal Glucose (no antihyperglycemic meds for at least 3 consecutive months- see new chapter) | <6.0 | ≤ 6.0 | ≤ 7.7 | | 754 |

Check out www.cdestudycourse.com for more cheat sheets

Updated March 2024